

**Philmont Check list**

Updated 10/16/09

			Backpacks & covers
			Groundcloth (5x7') (1 for every 2 Scouts)
			Tent Stakes (10 per person)
			Watch with alarm
			Compass (learn to use a compass!)
			Earplugs (optional)
			Flashlights / headlamps (2 small ones with new batteries)
			Money for the trail (\$25 - \$35 should be plenty)
			Parachute chord (10')
			Tape (just a small amount of duct & electrical)
			Whistle on lanyard
			Ziploc bags
			Ditty bags for personal stuff (small)
			Stuff sack lined with plastic bag (at night food, toiletries and other smellables go in here and in the bear bag)
			First aid kit (personal)
			Medication required on a daily basis plus Tylenol, Advil or aspirin
			Chapstick
			Sunscreen (at least 15 SPF nonscented)
			Toothbrush, small tube of toothpaste
			Towel (old & lightweight or super absorbent synthetic)
			Foot powder (Gold Bond(Small bottle))
			Pillow case (leave pillow home!)
			Sleeping bag rated to at least 25° (20° is best)
			Sleeping pad (foam or small thermarest)
			Stocking Cap (Small light weight)
			Shorts with zip on/off legs or other long pants (not jeans)
			Shorts for hiking (mesh or lightweight synthetic -- only 1 pr if you have convertible pants)
			Shorts for sleeping (stays in sleeping bag at all times!)
			Scout t-shirts (2 crew shirts -- plus another to stay in the sleeping bag at all times!)
			Lightweight long sleeve quick dry Shirt
			Socks (2 pr) (synthetic/wool - SmartWool is best)
			Bandanna
			Hiking boots
			Camp shoes (lightweight)
			Gloves (1 pr. lightweight)
			Hat (wide brim for sun and rain)
			Fleece
			Long johns (polypropylene)
			Underwear (2 pair, CoolMaxor other non-cotton is better)
			Rainsuit (jacket with hood and zipper legs) <b>NO Ponchos</b>
			Spoon (Lexan is best -- no plastic)
			Bowl (optional)
			Coffee cup (large plastic)
			Water bottles, bladder bag or folding water bag (be able to carry 5-6 qts. of water and drink 4 qts./day-8lbs. or 8 qts/day-16 lbs. in hot weather) (dry camps will require each person to carry at least 5-6 qts. of water)